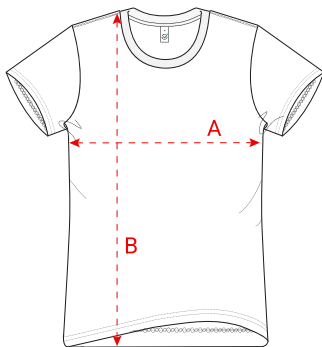




| Size | Width (A) |      | Length (B) |      |
|------|-----------|------|------------|------|
|      | cm        | inch | cm         | inch |
| XS   | 42        | 16½  | 63         | 24¾  |
| S    | 44.5      | 17½  | 64         | 25¼  |
| M    | 47        | 18½  | 65         | 25½  |
| L    | 49.5      | 19½  | 66         | 26   |
| XL   | 52        | 20½  | 67         | 26½  |
| 2XL  | 54.5      | 21½  | 68         | 26¾  |

{ PETA-APPROVED  
VEGAN

Black  
BLWhite  
WH



### Discharge printing suitability

Important: This guide serves as a general reference, and results may vary. We strongly recommend testing prior to production.

Core colours

|                                                                                  |                    | Very Good | Moderate | Not Suitable |
|----------------------------------------------------------------------------------|--------------------|-----------|----------|--------------|
|  | <b>Black</b><br>BL | ✓         |          |              |
|  | <b>White</b><br>WH | ✓         |          |              |



## Printing Guide

| Print type                                                       | Print type         | Printing suitability<br>0 = Not Suitable, 1 = Poor, 2 = Moderate, 3 = Good, 4 = Very Good, 5 = Excellent | Printing recommendations                                                                                                |
|------------------------------------------------------------------|--------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| Jersey 100% Organic Cotton Solid Colours (excluding RFD colours) | Screen print       | ★★★★★                                                                                                    | Follow manufacturer's recommendations for printing and curing settings.                                                 |
|                                                                  | Discharge          | ★★★★★                                                                                                    | The results may vary from one colour to another. Refer to our discharge printing recommendations on the following page. |
|                                                                  | Transfer (Sticker) | ★★★★☆                                                                                                    | Follow manufacturer's recommendations for curing settings.                                                              |
|                                                                  | Direct to garment  | ★★★★★                                                                                                    | Follow manufacturer's recommendations for printing and curing settings.                                                 |
|                                                                  | Embroidery         | ★★★★★                                                                                                    | Direct embroidery, stitched patch, labels                                                                               |

**\*Maximum heat recommendation for back neck label** Fusing 180°C / 3-6 sec, 6 psi  
Curing 180°C / 1 min